



Extraordinary Education for the price of Ordinary Child Care

HAND WASHING POLICY - STAFF AND CHILDREN

Hand-washing has long been established as one of the most important things we can do to prevent the spread of illness.

Hand-washing recommendations for workers are as follows:

- Upon arrival for the day
- Before and after setting up snacks/food for student consumption.
- Before and after helping student use the bathroom
- After handling items soiled with body fluids such as blood, drool, urine, stool, or discharge from nose or eyes
- After handling an ill child
- After handling pets and other animals or materials such as sand, dirt or surfaces that might be contaminated by contact with animals
- When moving from one group to another that involves contact with infants and toddlers/twos
- Before and after feeding an infant
- Before and after administering medication
- After handling garbage or cleaning solutions

Hand-washing recommendations for children are as follows:

- Upon arrival in the morning
- After using the bathroom
- Before eating food
- After coming in from outside
- After sneezing or coughing in hands
- After blowing nose/using a tissue
- After they have touched a child who may be sick or who has handled soiled items

Recommended method for hand-washing is as follows:

- Rub hands vigorously for at least 20 seconds using warm running water and soap.
- Wash between fingers and back of hands and wrists.

- Rinse hands well under running water and dry thoroughly.
- Turn off water using a paper towel.

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